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Juicing for Weight Loss: Refreshing Juicing Recipes for Weight Loss, Health and Vitality (Paperback)

By Sara Elliott Price

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Lose Weight and Feel Great Through the Power of Juicing! Would you like to lose 10, 25, or even 50+ pounds quickly and easily? You re about to discover the best kept secret to losing weight and feeling great. The best part is how incredibly easy it will be. There are no long grueling exercise plans to take part in, no complicated fad diet plans to follow--only deliciously simple juicing recipes! You ll be amazed at how easily the weight just seems to fall off, all while drinking delicious juices that taste more like a treat than the nutritional powerhouses they are. This Book Will Give You The Foundation You Need To Build A Healthy Lifestyle. You won t just lose weight, you ll regain your youth! You will forever be free from counting calories, trying to lose those same 10 lbs., and waking up feeling much older than you should. Juicing is the key to not only reversing the signs of aging, but also adding years to your life. So what are you waiting...



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