



10-Minute Digital Declutter: The Simple Habit to Eliminate Technology Overload (Paperback)

By S J Scott, Barrie Davenport

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.DISCOVER: How to Declutter Your Digital Life and Stop Feeling Overwhelmed by Your Online Activities Don t like how your digital devices have become a disorganized mess? Tired of wasting hours on social media sites like Facebook, Pinterest, Instagram or Twitter? Or do you simply want to live a more simplified life? All these challenges are covered in the book: 10-Minute Digital Declutter: The Simple Habit to Eliminate Technology Overload About 10-Minute Digital Declutter Bestselling authors S.J. Scott and Barrie Davenport will show you how to systematically manage all the emails, media, documents, photos, videos, and apps that consume your daily life. This book is written for the person who is starting to recognize the danger of digital noise, but doesn t know how to live in this modern world without feeling overwhelmed. It s also for those who need a system for the information they do want. Not only will you get back more time, you ll also discover core strategies for maximizing the time you spend in the digital world. If you have...



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